

Frozen Strawberry / Banana Flakes Porridge

½ Cup soaked almonds

2 Tbsp ground raw coconut flakes

2 Tbsp ground black chia seeds

1 Tbsp ground flax seeds

1 Tsp Camu Camu powder

1 ½ Cup frozen strawberries

1½ Cups water

BLEND till smooth

5 Tbsp banana flakes

BLEND

YUM!

