

Rooibos

Powdered Extract

Rooibos P.E. from the Cape in South Africa is a super concentrate of its antioxidants and polyphenols, unlike any other Rooibos tea. It is naturally caffeine-free and low in tannins so you can drink it all day. In an age-old method, Rooibos is harvested and fermented to liberate its broad spectrum of phytonutrients including Aspalathin and Quercetin. A patented water extraction process, ensures maximum levels of antioxidants and nutrients. Rooibos P.E. is a fine aromatic powder that easily dissolves in water. 196 servings per container.

Mix ¼ teaspoon in 6-8 of water. Serve hot or chilled.



Mature Rooibos



immunologic superfoods are packaged in MIRON SWISS VIOLET GLASS for maximum protection from light and air that can damage nutrients.



Dr. Carl Albrecht from South Africa's Medical Research Council has been studying the positive effect of Rooibos and increased glutathione levels in animals. In a separate study, Jeanine Marnewick, PhD of the Cape University of Technology found that healthy volunteers elevated their blood glutathione levels by 100%, drinking 6 cups of Rooibos tea per day for three months. Rooibos is an excellent tea for its antioxidant protective nutrients especially Aspalathin and Quercetin.

A collaborative study by scientists at four international research facilities has found the first clinical evidence that drinking rooibos significantly increases the antioxidant capacity in human blood, thereby boosting the body's natural defenses. Researchers in Rome and Glasgow found that the antioxidant capacity in the blood of 15 healthy volunteers peaked one hour after drinking 500ml ready-to-drink rooibos. *"On the basis of the results of our study, we conclude that Rooibos is able to deliver antioxidant ingredients to the body, thereby stimulating the body's internal redox network,"* says Professor Mauro Serafini, leader of this research project and Head of the Antioxidant Research Laboratory at INRAN, a nutrition research institute in Rome, Italy. *"It is highly possible that, once absorbed in the circulatory stream, the unique ingredients of Rooibos may display other biological activities in the human body. Further intervention studies are under way in humans to investigate the effect of Rooibos on the body's management of cardiovascular health."*



Young Rooibos

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