

Botanical Vitamin C is the ideal form, for optimal immune, heart, lung, adrenal, brain, skin and gum health

Vitamin C is often neglected even though it is considered one of the most important and fundamental nutrients for brain and body health. Vitamin C is integral in transforming generic stem cells into highly specialized heart cells. Vitamin C is necessary to make collagen, the protein that forms skin, blood vessel walls and tissues of organs and glands. Vitamin C is required for the body to synthesize L-carnitine, an amino acid that enables cells to burn fat for energy. Vitamin C deficiency directly affects immune function and sugar metabolism. As a primary antioxidant, it protects cells of the eye, heart, blood vessels and much more.

Camu Camu is an orange-red colored fruit about the size of a small lemon and contains more Vitamin C than any other known botanical source. This whole fruit powder is 100% pure Camu Camu fruit without fillers, flow agents, or synthetic ascorbic acid. Camu Camu fruit powder contains more than 100mg Vitamin C per serving along with its naturally occurring bioflavonoids Quercetin, Quercetrin, Rutin and the phenolic compound Ellagic acid. Camu Camu's profound health benefits could be attributed to the quantum effect of its combined nutrients which include calcium, potassium, iron, serine, valine, leucine, B1, B2 and B3.

Vitamin C is key to adrenal, cardio and eye health making Camu Camu the natural choice, free of any chemical, for best uptake of this essential nutrient. Compared to oranges, Camu provides 30 X more vitamin C, 10 X more iron, 3 X more niacin (B3), 2 X riboflavin (B2) and 50% more phosphorus. Camu Camu's minerals and amino acids naturally facilitate complete absorption and assimilation of this exceptional Vitamin C.

Vitamin C supports:

- immune response
- adrenal glands (the stress glands)
- collagen production
- heart and lung health
- vision, skin and gum health
- tendon and ligament health
- liver health
- brain health and mood balance

Supplement Facts

Serving Size: ½ teaspoon (1.35g)

Servings per container: 64

Ingredients: Camu Camu (*Myrciaria dubia*)
fruit powder

Other ingredients: None

- **Modest amounts of real Vitamin C improves circulation**
- **Vitamin C is a major regulator of cell behavior**
- **Vitamin C is an essential nutrient with diverse roles in health**

In the early stages of atherosclerosis, toxic (rancid) fats from animal and cooked oils make white blood cells stick to arterial walls, starting an inflammatory process that can lead to heart disease or stroke.

Extensive research has shown that Vitamin C can help to prevent this process. Camu Camu is the first choice for bio-active Vitamin C and its metabolites.

Camu Camu Fruit Powder is guaranteed free of corn, dairy, soy, sugar, wheat, yeast, flavors or preservatives.

Suggested use: Adults and children (age 2 and older) take ½ teaspoon 1 or 2 times daily mixed in water, juice or smoothies.

Camu powder can also be consumed on its own. More can be taken as necessary.



Packaged in Swiss violet glass
for maximum protection



30 X the Vitamin C compared to oranges,
Camu is the preferred Vitamin C for
children, adults, seniors and athletes.

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